

APRIL 2021
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NHS
Sheffield Teaching Hospitals
NHS Foundation Trust

Good Health

The newsletter for members of
Sheffield Teaching Hospitals NHS Foundation Trust



Governor election

Could you represent
the public and patients?

COVID-19

Vaccinations
ahead of target

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A message from our new Chair

I am delighted to have been appointed to the role of Chair of the Trust and look forward to meeting as many of you as possible over the next few months.

I feel privileged to have been given the opportunity to support such a fantastic team working across our hospitals and community health services particularly, at such an unprecedented times. I would personally like to express my sincere thanks to each and every member of staff at 'Team STH' for all their hard work throughout the pandemic, it has been exceptional.

I am committed to supporting colleagues to be able to deliver safe high quality, effective, healthcare for our patients but also to ensure we foster innovation and partnership which we will need more than ever before if we are to meet the new challenges and opportunities ahead. One of our immediate challenges will include the re-build and re-set following the Covid-19 pandemic.



I was a Non-Executive Director for four years and more recently Vice Chair of the Board.

My four year term began on the 1 January 2021 and I am committed to building on my 35 years' experience in healthcare to support the organisation in continuing to provide excellent services whilst supporting the health and wellbeing of our staff.

Annette Laban
Chair

Receive your appointment letters by email

Did you know you can now choose to receive your appointment letters by email?

Emailing letters allows us to send you information about your appointment securely, quickly and conveniently. The letter will be sent in an accessible format that can be read aloud and translated.

You will be able to access your letter at any time, so you can check it whenever you need to and don't have the risk of losing a paper copy. It will also help us to save paper and reduce our impact on the environment.

If you would like to receive letters electronically we will need an up to date email address and mobile phone number, so please provide your contact details when you are next in touch with us.

For more information and full details of how to opt in, please see our website: www.sth.nhs.uk/patients/electronic-patient-letters

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Jak gets the all-clear

An inspirational 24-year old diagnosed with an advanced form of cancer has been given the all clear from the disease following treatment at the Trust's specialist blood cancer unit.

Former personal trainer Jak Thompson, of Broomhall, Sheffield, who prides himself on living a healthy, active lifestyle, first started noticing symptoms of his cancer in September 2019 when different rashes kept appearing on his chest and wrists.

By Christmas he noticed a lump in his neck and subsequently began feeling "ridiculously tired".

It wasn't until March, however, that he started to question whether it was cancer, and went to an NHS walk-in clinic.

With the country now in lockdown, a video call assessment was made and Jak was referred for an urgent scan.

A biopsy confirmed his diagnosis and he was given the devastating news that he had stage 4 Hodgkin Lymphoma, the most advanced form of the rare, fast-growing blood cancer.

"It's the only moment in my life when my mind went blank," said Jak. "My head literally went to the floor."

Jak underwent 12 sessions of chemotherapy at the Royal Hallamshire Hospital. To ensure his care was managed during the pandemic, the teenage and young adult nurse specialist from the haematology team visited him at home to ensure he was healthy enough to receive another round of

treatment and to provide specialist teenage and young adult support. Determined to keep in shape, Jak continued to work out during his treatment when he felt able to, with the support of Weston Park Cancer Charity which contributed to some additional gym equipment for his flat.

Five weeks after his final chemotherapy session, Jak received the amazing news that there were no longer any signs of the cancerous cells in his body.

"It was just the best moment of my life. Knowing it had gone, that I didn't have to worry, that I could tell my partner, family and friends that they needn't be fearful for my life; it was just so invigorating."



To give
or get support
from Weston
Park Cancer Charity
visit **westonpark.
org.uk** or call **0114
553 3330**



Boosting access to innovative treatments

Weston Park Cancer Centre's reputation as a leading cancer centre has been bolstered by the addition of a new radiotherapy machine.

The newest machine takes the total number of radiotherapy linear accelerator machines in situ at Weston Park Cancer to eight, one of the highest of any radiotherapy departments in the country.

Over the course of its lifetime, the machine will provide 100,000 complex treatments to around 6,500 patients undergoing cancer treatment.

Around four in ten cancer patients are treated with radiotherapy, either curatively or to shrink, slow down its growth or help control symptoms.

Radiotherapy is a precise treatment which works by shrinking or destroying cancerous cells using high-energy radiation in carefully measured doses.

Weston Park Cancer Centre is one of four specialist cancer hospitals and has a reputation for excellence and innovation. The Centre provides care and treatment to 1.8 million cancer patients in the South Yorkshire, North Derbyshire, Doncaster and Bassetlaw region, and is supported by Weston Park Cancer Charity.

Do you want to help us create the best experience for every patient, every time?

If so, join our new Patient-First Group to make your voice heard!

At Sheffield Teaching Hospitals many patients, families and carers tell us that their experience of care is fantastic. We want to do everything we can to get it right for every patient, every time. That's why we've created the Patient-First Group, so that you - our patients - can get involved and help us ensure your experiences are at the heart of the work we do to improve our services.

Your views and experiences will help us to establish processes and practices that deliver the best patient experience every time.

If you're interested in joining the Patient-First Group, we'd love to hear from you. Please contact jane.pellegrina1@nhs.net to find out more about how you could get involved.

Data quality recognised

The Trust has been named a National Joint Registry Quality Data Provider in recognition of the high quality data it collects to support clinical standards in joint replacement surgery and care.

Both the Royal Hallamshire and Northern General Hospital received the accolade after successfully completing a rigorous national programme of local data audits.

Mr Simon Buckley, Consultant Orthopaedic Surgeon, said: "Our team have worked exceptionally hard to meet these stringent standards."

Would you like to be one of our governors?

The world is very different since COVID-19 and there has never been a more important and interesting time to support your NHS. If you have a passion for the NHS and can spare some time, becoming a governor could be for you.

What is a Governor?

Governors represent the views of patients and members of the public.

Although no particular skills or experience are required, an effective Council of Governors is important so governors need to be able to put the needs of the community above personal preference, value the contributions of different people, ask questions in a constructive manner, be enthusiastic and want to work as part of a team.

How will the elections be run?

Civica Election Services Limited (CES) will run the elections for the Trust. CES are totally independent and ensure that a robust process is followed.

The Trust will give notice of the election and invite Trust members who wish to nominate themselves to register their interest. Eligible Trust members will be sent voting papers and after the ballot closes CES will count the votes and the Trust will announce the results.

Will support be available?

Governors receive support to help them to undertake the role and are expected to attend an induction session and training and development events.

The Trust will discuss any support that individuals need to help them stand as a governor, or to fulfil the role should they be elected. Current governors are happy to act as mentors and provide guidance and support.

How much time does it take to be a Governor?

As a minimum governors need to attend the quarterly Council of Governors' meetings and Governors' Forum meetings and time will be needed to read meeting papers.

Additionally governors are required to attend the Annual Members' Meeting. Meetings are held at our hospitals. Governors are also offered other involvement opportunities throughout our hospitals; this additional involvement is optional but adds value to the governor role.

Are Governors paid?

This is a voluntary role so governors are not paid but reasonable travel expenses are reimbursed.

How long would my appointment last?

Governors are elected for a three-year term of office and are eligible to stand again for two further three-year terms.

Elections to the Council of Governors

4-24 June 2021

Elections will be held as follows:

Public Constituency Sheffield South West	1 vacancy
Public Constituency Sheffield West	1 vacancy
Public Constituency Sheffield East	2 vacancies
Public Constituency outside Sheffield	1 vacancy
Patient Constituency	2 vacancies
Staff Constituency:	
• Nurses & Midwives	1 vacancy
• Primary & Community Services	1 vacancy

Information about how to register your interest and details of the online nomination process will be available from 21 April 2021 from the Foundation Trust Office at the address below. Members wishing to stand for Election will be required to attend a virtual information session via Microsoft Teams on 26 April 2021 prior to submission of their nomination form.

Please contact Jane Pellegrina in the Foundation Trust Office for more information about the virtual information sessions.

Foundation Trust Office
Sheffield Teaching Hospitals NHS Foundation Trust
Northern General Hospital
Herries Road
Sheffield S5 7AU

Telephone: 0114 271 4322
Email: jane.pellegrina1@nhs.net

Nomination papers must be received by the Trust's Returning Officer, Civica Election Services, at the address below by 12 noon on 14 May 2021.

Civica Election Services Limited
The Election Centre
33 Clarendon Road
London N8 0NW
Telephone: 0208 365 8909

Elections

Ballot papers will be distributed to qualifying Members on 4 June 2021. Completed ballot papers must be received by Civica Election Services Limited by 12 noon on 24 June 2021. The results of the Election will be announced on 25 June 2021.



A chance to give back

The NHS is there for us when we need it and being a Governor has given me an opportunity to give something back.

I have been involved through a period of enormous change in the NHS and seen first-hand how those changes have affected the Trust's staff and its patients. I have experienced the hard work that is required to enable Sheffield Teaching Hospitals to maintain its position as one of the highest performing Trusts in the country.

Governors work together as a team and I have felt welcomed and valued in the varied roles I am undertaking and am enjoying working with a group of like-minded people from many backgrounds. Whilst there has never been any pressure on me to contribute more than I am comfortable with, it is true that the more you put in the more you get out of the experience of being a Governor. I am enjoying being involved across a range of areas in the Trust from our own Council of Governors meetings and Finance Briefings to Trust Committees such as the Food Management Group and the Clinical Effectiveness Committee.

I would encourage Trust members to consider standing in the elections this year.

Steve Barks
Governor



Sheffield Arena opened as an NHS Vaccination Centre on 25 January and has since vaccinated thousands of people in the region.

Along with primary care vaccination sites, it means everyone in the top four most vulnerable groups in South Yorkshire and Bassetlaw have now received or been offered their first Covid-19 vaccination.

When you are eligible for your vaccination, you will receive a letter from the NHS inviting you to book an appointment at the vaccination centre. If you have already have an appointment at your GP vaccination centre, or would prefer to book with your local primary care centre, you can disregard the letter.

Please note that vaccination is by appointment only; it is not a walk-in service. Please do not attend if you do not have an appointment. We cannot vaccinate people without an appointment or arrange appointments on site.

The vaccination centre is run by Sheffield Teaching Hospitals NHS Foundation Trust, but if you need to cancel or rearrange your appointment please don't contact the hospital. Call the number provided on your booking letter.

More information about the vaccination centre is available at www.sheffieldarena.co.uk/nhs-covid-vaccination-centre

COVID-19

Things are getting better but we still need your support

We have seen the number of patients we are caring for with COVID-19 drop to 60, with five people in ITU.

The number of new daily admissions has dipped to single figures and we are seeing fewer people needing hospital care from the groups who have now been vaccinated. So please get your vaccine when you are offered it, it really does make a difference.

This downward trend in people needing hospital care is encouraging and means we have been able to begin closing some of the dedicated COVID-19 wards which have been running for over a year now. We still have a small number open and can step more back up if we see another peak, but it does mean that those staff can now return to providing non COVID-19 care and we can increase planned operations and treatments.

We are still restricted by the need to ensure social distancing, but we are a little ahead of many other hospitals in terms of the people who are already being treated. 80% of our patients are waiting less than 18 weeks for non-urgent treatment compared to 66.2% nationally, and 80% are waiting six weeks or less for their diagnostic test compared to 66.7% nationally.

I must stress that the challenge cannot be underestimated and we are asking people to bear with us as we work our hardest to do even more. Factors such as additional cleaning and PPE use have an effect on how many people we can bring in at any one time. It is a fine balance between keeping people safe, limiting transmission of COVID-19 and delivering as much care as we possibly can.

Whilst we have seen a reduction in hospital cases of COVID there are still quite high levels in the community and we need to stay vigilant. We are continuing to provide care in other ways where it is appropriate. For example, around 40% of outpatient appointments are being carried out through virtual consultations and clinics which have had really positive feedback from patients who find it convenient because they don't have to travel. We are looking at keeping this option for appropriate patients once COVID restrictions lift.

With lockdown easing and outdoor activities resuming, we are also starting to see an increase in A&E attendances. There are alternatives to A&E for minor illnesses. Please check the Choosing the Right Urgent Care website to find the best option.

During the last year we have had terrific support from patients and public. My last plea would be for everyone to enjoy the easing of restrictions but please still think COVID-19 at every step. Please keep following the hands, space, face rules. We will still be using PPE and other enhanced infection control measures in hospital.

The virus has not gone away and we don't want to see a fourth peak of very poorly patients. Let's keep what everyone has worked so hard for by continuing to limit the spread of this awful virus.

Kirsten Major,
Chief Executive



Vaccination fact check



Can the vaccine make me ill by giving me Covid-19?

No, it is not possible to 'catch Covid-19' by having the vaccine.

Over 20 million people in the UK have already received at least their first dose. Most people have reported no or only mild side effects such as a sore arm or feeling a bit tired or achy for a day or so.

Like all vaccines, the Covid-19 vaccines teach your body to fight the virus. The vaccines work by stimulating the immune system to make antibodies and cells to fight the infection if you come into contact with it.



Can the vaccine harm fertility?

Medical experts agree that the vaccine has no effect on fertility and cannot cause harm to babies in future pregnancies.

Jonathan Van-Tam, England's deputy chief medical officer, said there was "no evidence at all that there are any issues in relation to planning a family or fertility."

The Royal College of Midwives and the Royal College of Obstetricians and Gynaecologists (RCOG) have issued a joint statement about misinformation on the effect of Covid vaccinations on fertility. They said: "There is no biologically plausible mechanism by which current vaccines would cause any impact on women's fertility."



Do the vaccines contain ingredients unsuitable for some faiths?

The COVID-19 vaccines do not contain any animal or egg products, or foetal cells or products.

They are therefore suitable for people whose faith or dietary requirements mean they cannot have certain types of meat or who follow a vegetarian diet.

Muslim faith leaders have also confirmed that the ingredients are halal.

Even though you've had the vaccine, you could still catch and spread Coronavirus.

Please continue to remember:

- Hands
- Face
- Space
- Ventilate

Scan this QR code to see videos in different languages on how to protect yourself and others. Or visit bit.ly/39u7t52



How do I know my text invitation is genuine?

The NHS is sending texts to some people to invite them to book a COVID-19 vaccine appointment. These may come from a local NHS service, like your GP practice, or from 'NHSvaccine'.

Remember the NHS will:

- Never ask for payment details
- Never arrive unannounced at your home to administer the vaccine
- Never ask for copies of your personal documents to book an appointment

Find out more about how we may contact you:

nhs.uk/covid-vaccine-advice

Can't attend your vaccination appointment?

Please let us know so the appointment can be used for someone else.

Appointments at the Arena can be cancelled up to midnight the day before. Cancel online via www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination quoting your booking reference number, or call 119.

Visiting resumes

After carefully considering a number of factors including the decline of community Covid-19 cases, visiting restrictions have been eased to enable limited visiting to resume.

One named visitor per patient is permitted to visit for an hour each day. The person visiting must remain the same person for the duration of the patient's hospital stay and where possible the visitor will need to book a time to visit by calling the ward.

If there are exceptional circumstances such as a person being at end of life, then the ward staff will discuss the appropriate alternative arrangements for visiting.

For safety reasons visiting will not be allowed on COVID-19 wards or wards where patients are having planned surgery. Patients will be informed if the ward they are on allows visiting.

Anyone visiting the hospitals will be asked to follow some simple rules below to keep patients and staff safe:

- Do not visit if you have any COVID-19 symptoms or are otherwise unwell.
- Wear a mask at all times in the hospital.
- Wash your hands upon entry and exit.
- Do not move around different areas of the hospital or ward unless absolutely necessary.
- Children under 16 years of age are not permitted to visit

Partners are now also able to attend the 12 week first pregnancy scan (dating scan) and the 20 week anomaly scan at Jessop Wing.

In addition to the other rules, partner will need to leave after the scan and wait outside while the rest of the maternity appointment takes place unless there are exceptional circumstances you have agreed with the Matron in advance.

We know how difficult the period of restrictions has been for everyone, and we would like to thank everyone for their patience and understanding.

The latest visiting rules can be viewed at sheffieldhospitalscoronavirus.co.uk/visiting

Apprenticeships give support workers a chance to specialise in maternity care

Jessop Wing has become one of the first maternity units in the country to successfully implement an apprenticeship scheme for Maternity Support Workers (MSWs).

Combining practical hospital experience with learning at Sheffield College, the apprenticeship offered the opportunity to gain skills and knowledge specific to maternity care.

The apprentices ranged in age from 19 to 50, with some already having prior experience as support workers while others were new to the role. They were able to complete the course despite the challenges of the COVID-19 pandemic, with distance learning enabling them to continue their studies.

The role of an MSW can include helping women to settle on the labour ward, assisting the midwife when a baby is born, supporting new mothers to care for their baby in the early days and giving information on skin-to-skin bonding, safe-sleeping for newborns, healthy diet, smoking cessation and emotional well-being.



Stephanie Machin

I had worked as a support worker in Jessop Wing for 10 years before I applied for the apprenticeship.

I felt ready to do more in my role and learn some new skills.

I am also looking forward to learning more skills such as cannulation.



Hayley Preston

The apprenticeship was appealing to me because I wanted to improve my skills and knowledge when working on Labour ward.

I found returning to education hard at first, but I have gained confidence during the programme of study and feel able to assist with more tasks now I have increased knowledge and training.

I am considering applying for an undergraduate midwifery degree in the future.

First newly qualified Registered Nursing Associates join our team

The first ever newly qualified Registered Nursing Associates have joined Sheffield Teaching Hospitals.

The Nursing Associate role sits between support workers and nursing staff and widens access for unregistered staff to enter the nursing profession. Nursing Associates are able to undertake more clinical tasks than a support worker and contribute to the delivery of nursing care, whilst still requiring some support and supervision from a Registered Nurse for more complex clinical requirements.

As they complete their training, over 100 Nursing Associates across the South Yorkshire region will join the NMC register and begin their careers in this new role.



Samia Awad

Samia worked as a Trainee Nursing Associate on the Urology Ward at the Royal Hallamshire Hospital.

She said: "I've worked at Sheffield Teaching Hospitals since 2007 as a Support Worker and started the Trainee Nursing Associate programme in January 2019.

I decided to enrol on the programme as I wanted to progress more within the healthcare profession and increase my overall job satisfaction.

One of the highlights of the programme for me was going to different placements and gaining new knowledge of how different areas work.

The programme has provided me with a great opportunity to gain new skills and expertise within a healthcare setting and my next step will be to progress my role further by gaining my Nursing degree and continue my journey in the healthcare profession."



Shannon Seaton

Shannon has been working as a Trainee Nursing Associate on the Spinal Injuries Unit.

She said: "I have worked at Sheffield Teaching Hospitals for almost 8 years, starting as a Clinical Support Worker before beginning the Trainee Nursing Associate programme.

I loved my job as a Support Worker but I've always wanted to be a Nurse and I felt ready for a new challenge in helping me work towards that goal.

I liked how the programme had different placements in all fields of Nursing and this helped with broadening my knowledge and skills.

The programme has been challenging and can push you out of your comfort zone, but sometimes we need that push to prove to ourselves that we can achieve our goals. My goal for the future is to become a Registered Nurse."



Podiatrists Katie Lawrence and Amy Thompson with Jeremy Walker, Head of Podiatry Services at Woodhouse Clinic

Podiatry team retains quality mark for high standard of care

The Podiatry Services department has retained the Customer Service Excellence Standard for the 25th year.

The team, who help relieve pain and treat infections of the feet and lower legs and run clinics at GP practices, health centres, in hospital and specialist facilities, are the only NHS team in Sheffield to hold the 'gold standard' national quality award.



Spinal injury patient able to witness birth of daughter

A first-time dad who feared he would not be able to be present for the birth of his baby daughter following his spinal injury praised staff for helping him to be there.

Jordan Anderson, 24, and his wife Emily, 23, feared he would miss the birth of his child after an abscess burst in his spinal cord, leaving him needing 24-hour care at Sheffield Teaching Hospitals while his wife Emily, 23, was due to be induced at Chesterfield Royal Hospital.

However, staff made arrangements for Jordan to be temporarily transferred to Chesterfield to witness the birth.

Jordan was able to spend some time with Emily and baby Elsie before he was transferred to the Princess Royal Spinal Cord Injuries Centre at STH to continue his care.

Jordan said: "To see my child being born, I can't put it into words what that means."

Reducing dental anxiety in children

A study led by the Trust and the University of Sheffield to investigate whether Cognitive Behavioural Therapy (CBT) could help reduce the worryingly high number of children who are afraid of the dentist has been awarded more than £1.6 million from the National Institute for Health Research (NIHR).

Around one in three children are scared of going to the dentist, leading to dental avoidance, and end up with poor oral health, more toothache, dental infections and tooth decay as a result.

Now, a team of dentists and researchers will use the funding to investigate a new way of reducing dental anxiety based on CBT. It will involve 600 children from 30 dental practices and clinics across England and Wales and examine whether specially developed, child friendly resources for children, parents and dental professionals will help children complete their dental treatment at their family practice rather than being sent to hospital for specialist services.

Dental professionals or practices interested in taking part can contact z.marshman@sheffield.ac.uk for more information.



Osteoporosis drug could halve number of repeat hip replacement operations

More than half of repeat hip replacement operations could be prevented with a drug already successfully used to treat osteoporosis, new research has revealed.

An estimated 8,500 hip revision procedures are conducted in England, Wales and Northern Ireland each year at a large cost to the NHS, with repeat procedures also carrying an increased risk of infection and other complications compared to first time surgery.

The leading reason for joint reoperation is osteolysis. Osteolysis occurs after joint replacement surgery when tiny particles wear off from the implant causing the body's immune system to attack the already weakened bone around the implant.

The pioneering study, led by Professor Mark Wilkinson, Honorary Consultant Orthopaedic Surgeon at Sheffield Teaching Hospitals NHS Foundation Trust and Professor of Orthopaedics at the University of Sheffield, found a drug already used to treat osteoporosis, called denosumab, could help to protect the bone from being attacked and prevent the need for some repeat hip replacement operations.

Professor Wilkinson said:

"This could have a huge impact on thousands of patients who currently undergo revision surgery every year. This is particularly good news for younger patients and those with higher activity levels who tend to wear away the plastic part of the implant quicker."

The drug could also save the NHS a significant amount of money as revision surgery can cost around £18,000, approximately three times more than the original hip replacement.

The findings, published in the journal *The Lancet Rheumatology*, show that the treatment kills around 90 per cent of the cells responsible for bone loss in patients due to have revision hip surgery who were treated with denosumab.

Professor Wilkinson and his team are now hoping to develop the research into a Phase 3 trial to further assess the effectiveness of the novel treatment.



Sheffield researchers help to save lives

Researchers from the Trust have played a leading role in helping to pioneer a highly effective COVID-19 therapy that has saved 22,000 lives in the UK and an estimated one million worldwide.

The number of people who have successfully been treated as part of the RECOVERY trial, which found that Dexamethasone, an inexpensive and widely available steroid, cut the risk of death by

a third for COVID-19 patients on ventilators and for those on oxygen it cut deaths by almost a fifth, were published in March. The Trust recruited its first patient into the RECOVERY trial in March 2020. Tens of thousands of patients across the country, including over 300 recruited at Sheffield Teaching Hospitals, took part in the trial, which was led by the University of Oxford.





**Sheffield
Hospitals
Charity**

Sheffield Hospitals Charity launches its Secret Garden Project

We need your support to build a stunning outdoor sanctuary for patients and staff at the Northern General Hospital.

Sheffield Hospitals Charity is proud to launch the first of several projects to support staff and patients across Sheffield Teaching Hospitals.

With your help, we are going to take a disused piece of land at the very heart of Sheffield's Northern General Hospital, and transform it into a dedicated wellbeing garden to be enjoyed by patients and staff all year round.

We have worked with staff to design a space that meets their needs. The garden will be full of calming spaces, places to meet with colleagues or friends, and opportunities for staff, patients and volunteers to get involved in activities. This is a community space, designed by staff, for both staff and patients.

Support our project

We need your help to make this happen. Together, we can build the future of wellbeing for our hospital heroes. Every penny you donate will make a real difference to staff and patients across our hospitals.

Get involved

Building a garden of sanctuary and calm for patients and staff will only be possible with your support.

That's why we're asking you to host your own garden party this summer to fundraise and help us reach our target!

To find out more about the project, make a donation or get involved, visit:

www.sheffieldhospitalscharity.org.uk/secret-garden-project



Charity donations give boost to over fifty departments

Donations made to Sheffield Hospitals Charity and the nationwide NHS Charities Together appeal are making a difference across our hospitals by providing extras that make life better for patients and staff.

Over fifty departments have received funding for extras that range from hats to help warm up patients with hypothermia; artwork to brighten up staff areas; bags of fruit and other healthy snacks; coffee machines and more!

Joe Scarborough print available to help appeal

Local art legend Joe Scarborough has produced a 30th Anniversary print of his famous 'Stocksbridge at Work and Leisure' piece especially for the Sheffield Hospitals Charity.

Each print is signed by Joe himself and for every one sold, £25 will be donated to Sheffield Hospitals Charity and our 'Secret Garden Appeal'.

Make sure you get yours now by visiting:
joescarboroughart.co.uk



Foodbank collection points established at the Northern General and Hallamshire Hospitals

The Trust has partnered with two local foodbanks and Sheffield Hospitals Charity to set up Foodbank collection points at the Royal Hallamshire and Northern General hospitals

Trust staff can donate dry food items which will go to the S6 Foodbank and Burngreave Foodbank which support thousands of people within their communities who may be struggling to feed themselves and their families, a situation which has been exacerbated by the COVID-19 pandemic.

The S6 Foodbank provided food for nearly 11,000 adults and more than 9,000 children during the first six months of the pandemic, while Burngreave supplied more than 1,700 emergency three day food parcels to people in crisis.

The collection bins are located outside the Sheffield Hospitals Charity hubs at the Huntsman Main Entrance at the Northern General Hospital and B Floor Main Entrance at the Hallamshire Hospital.

Kirsten Major, Chief Executive, said: "All of us in STH work here because we want to make a difference to people's health and that responsibility



Chris Hardy, S6 Foodbank; Gareth Aston, CEO Sheffield Hospitals Charity; Rachel Snow, Burngreave Foodbank; Kirsten Major, Chief Executive STH



goes wider than the care we deliver in our hospitals and community services. So I am delighted that today with the support of two of our local foodbanks and Sheffield Hospitals Charity we have installed two collection points for food donations."

Chris Hardy from S6 Foodbank said: "The donations from hospital staff will mean less people going hungry in our region, and that means so much to us."

Council of Governors and public board meetings during COVID-19

Meetings of the Council of Governors are held four times a year and members of the public are normally welcome to come to the meetings. However, due to COVID-19 social distancing requirements, as a temporary measure the Council of Governors is holding its meetings virtually. In the meantime you can view the agendas and papers for the meetings on the Trust website at:

www.sth.nhs.uk/members/governors-council/governors-council-meetings

Board of Directors meetings are normally held in public every month, except for August when there is no meeting. These meetings are also being held virtually at the current time. To meet our commitment to maintaining transparency and accountability to the public, we are inviting members of the Council of Governors, as representatives of our Foundation Trust membership and our partner organisations, to observe these virtual meetings via video link or voice only conference. We also continue to publish the papers for our board meeting in public on our website at:

www.sth.nhs.uk/about-us/board-of-directors-meetings



Please register me as a member of the Sheffield Teaching Hospitals NHS Foundation Trust

IT'S FREE!

Title	<input type="checkbox"/> Mr	<input type="checkbox"/> Mrs	<input type="checkbox"/> Ms	<input type="checkbox"/> Dr	<input type="checkbox"/> Other...	
Family Name						
First Name						
Address						
Postcode				Telephone		
Email						
Date of Birth	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	<input type="text"/>

I would describe my ethnic background as:

- | | | |
|---|--|---|
| <input type="checkbox"/> White British | <input type="checkbox"/> White Other (non British) | <input type="checkbox"/> Asian or Asian British |
| <input type="checkbox"/> Black or Black British | <input type="checkbox"/> Mixed / Multi heritage | <input type="checkbox"/> Other Not stated |

I declare that I am eligible and would like to become a Member:

- | | |
|--|---|
| <input type="checkbox"/> Public member | <input type="checkbox"/> Patient member |
|--|---|

Signed

Members will not receive any preferential access to health services as this would be contrary to NHS principles.

**Post to: Sheffield Teaching Hospitals NHS FT, FT Office,
Clock Tower Building, Northern General Hospital, Sheffield S5 7AU**